

## BAGEL OR WRAP

**GLUTEN FREE WRAP optional \$3.50 extra**

<b>Benny-</b> Smoked salmon, avocado or bacon with scrambled eggs, spinach and hollandaise (VO)	\$18.00
<b>BLT-</b> Fresh sliced tomato, bacon and lettuce with Aioli	\$16.00
<b>Flora-</b> Legume and beetroot pattie, Roast pumpkin, Carmelised onion and roquette with Rosemary & Thyme Mayonnaise (V, VEO)	\$22.00
<b>Salad-</b> lettuce, tomato, onion, carrot, shallot, beetroot relish and cheese (V, VEO)	\$15.00
<b>Chicken Waldorf</b> - Chicken with celery, walnuts, mayonnaise and roquette	\$16.00
<b>Smoked Salmon</b> - Dill cream cheese, lettuce, capers, onion and fresh smoked salmon	\$17.00
<b>Pulled pork</b> -Our signature 34-hour slow-cooked pulled pork, paired with zesty jalapeño mayo and crisp apple slaw	\$21.00



## FOOD MENU

9AM - 2PM DAILY

10% Surcharge Sunday and 15% Public holidays

### SALAD

<b>Harissa Cauliflower salad</b> with mixed lettuce, roast sweet potato, cucumber, cranberries, cous cous, seeds, mint and Tahini dressing (V, GFO)	\$20.00
<b>Crisp Orchard Salad</b> A fresh and vibrant mix of house grown oranges shaved fennel, crisp wombok, purple cabbage, crunchy almonds, and creamy avocado, tossed in our signature honey mustard dressing (GF, V, VEO)	\$17.00
<b>Add smoked salmon + \$6</b>	

### TOASTIES

<b>Your choice of Turkish, GF or Sourdough</b>	
<b>Double Smoked Ham, Cheese, Tomato and shallots</b>	\$15.00
<b>Garlic Mushrooms, Spinach, Feta and mozzarella cheese (V)</b>	\$15.00
<b>Chicken, red pesto, caramelised onion, mozzarella, and roquette</b>	\$16.00
<b>\$2 extra for GF Bread</b>	

### KIDS

<b>Grazing plate - Rice crackers</b> \$15	<b>Scrambled Eggs and toast</b> \$14
<b>,Tasty Cheese, hummus, seasonal fruit (GF)</b>	<b>(GFO)</b>
<b>Toast- with your choice of</b> \$8.	<b>Cheese Toastie (GFO)</b> \$9
<b>vegemite, honey, jam (GFO)</b>	<b>Crepe with maple Syrup and ice cream (GF)</b> \$10

## BRUNCH

<b>Smashed Avocado</b>	\$20.00
one slice sourdough with avocado, Persian feta, caramelised onion, roast sweet potato and baby spinach, fresh herbs, crispy chickpeas and lemon (VEO and GFO)	
<b>ADD BACON OR SALMON + \$6.00</b>	
<b>Banana Bread</b>	\$17.00
Banana bread, lightly toasted, served with silky vanilla mascarpone, tangy berry compote, a drizzle of pure local honey and Persian rose floss. (V, GFO)	
<b>Frittata of the day</b>	\$25.00
served warm with roquette, Gin beetroot relish, lemon and your choice of avocado or smoked salmon (GF, VO)	
<b>Granola bowl</b>	\$15.00
Granola served with fresh fruit, bee pollen, berry compote and coconut yoghurt (VEO, DF, GF)	

## PASTRIES

<b>Shhmoakesy's Gourmet Pie</b> - served with Chutney	\$13.00
See our staff for pie flavours	
<b>House made sausage roll</b> served with Chutney	\$12.00
<b>Vegan Sausage Roll - with sauce</b>	\$13.00
Spinach, Carrot, Tofu, Onion, Pecan nuts, Brown Lentils, Pinto Beans, Rolled oats, Spices, Garlic, Soy Sauce, Black Sesame seeds, Almond milk (VE)	
<b>Mushroom Lentil Pie</b>	\$13.00
Mushrooms, Brown Lentils, Tomato Puree, Olive Oil, Onion, Celery, Soy Sauce, Cashew Paste, herbs and Almond milk (VE) -	
<b>QUICHE OF DAY</b>	\$12.00
<b>ADD SALAD 6</b>	

## SWEET TREATS

Choose from our selection of house made cakes and  
Tarts available on display the café

Cake of the day	\$8.00
Cheesecake of the day	\$9.00
Tart selection	\$8.00
Slice of the week	\$8.00
Scones with Jam and cream	\$10.00
Gluten Free Cakes	\$9.00
Banana Bread	\$8.00
Strawberries and Cream - Bagel with mascarpone, Macerated Strawberries and crushed pistachios	\$16.00
Vegan cakes (GF, Vegan, DF, Refined Sugar Free)	\$8.50
Choco Date	
Blue Chocolate fudge	
Peanut caramel crunch	

## COLD BEVERAGES

Milk Shake	\$9.00
Chocolate, Banana, Strawberry, Vanilla, Lime, Caramel	
Alternative milk and Ice cream \$1	
Italian Soda	\$6.00
Strawberry	
Elderflower and Rose	
Iced latte	\$7.00
Iced coffee	\$8.00
Iced Matcha	\$8.00
Iced Long Black	\$7.00
Iced Chai	\$7.00



## TREATS AND DRINKS

### 7.30AM - 3PM DAILY

10% Surcharge Sunday and 15% Public holidays



## POT OF TEA \$5.50

English Breakfast,  
Green Jasmine,  
Peppermint,  
Green Sencha,  
Lemon Grass & Ginger,  
Earl Grey,  
Chamomile

## HOT BEVERAGES

DANES CARIBBEAN ORGANIC ESPRESSO COFFEE  
CUPS - SMALL \$5 - LARGE \$5.50  
TAKE AWAY - SMALL \$5.00 MEDIUM \$5.50 JUMBO \$6.50

Extra shot sweet syrups, & chai \$0.50

Sticky Chai made on milk or hot water \$6.50

Chai Latte - powder \$6.50

Matcha Latte \$6.50

Baby Chino \$3.00

Hot chocolate \$6.00

Affogato \$9.00 Vanilla bean ice cream with a shot of  
Danes Caribbean Organic Espresso

Milk Alternatives ,  
OAT, SOY, ALMOND, LACTOSE \$1.00

## SMOOTHIE - FRAPE

Revitalise Smoothie \$12.00  
Blueberries, banana, acai,  
boysenberries and coconut water (VE)

Thai Pineapple delight Frape \$12.00  
A refreshing blend of sweet pineapple,  
aromatic basil, and coconut cream.  
(VE)

Banana Smoothie \$10.00  
Honey, cinnamon, chia and milk of  
your choice (VEO)

Lemon Cream Frape - Zesty Lemon \$10.00  
and ice cream Frape (VEO)